

# Marriage Sex & Living Wisely

Module 6

**Relationships:  
getting it right.**

A resource  
for Years 8 - 11  
on the subjects of  
relationships, marriage  
and sex, written  
from a Christian  
perspective



lovewise.org.uk

# Contents

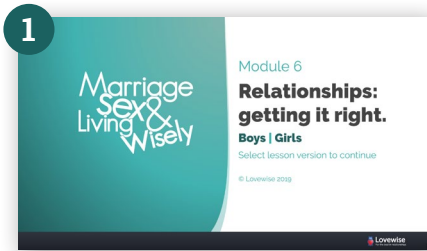
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## PAGE

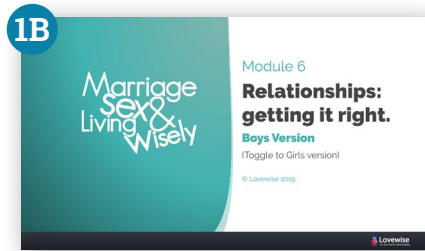
<b>2</b>	<b>Contents</b>
<b>3 - 6</b>	<b>Overview</b>
<b>7</b>	<b>Using this presentation</b>
<b>8 - 9</b>	<b>Using the speaker view</b>
<b>10 - 23</b>	<b>Slide notes</b>

# Overview

## Title page



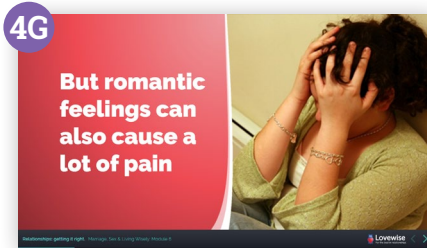
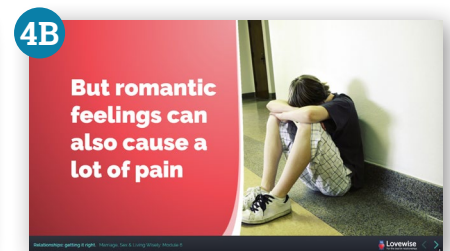
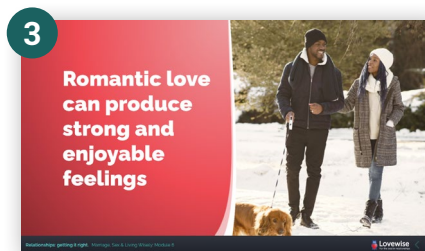
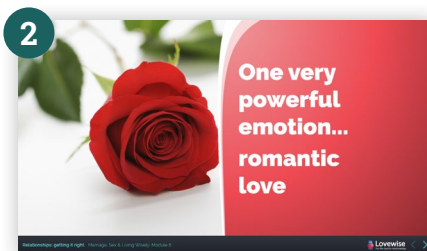
## Boys title page



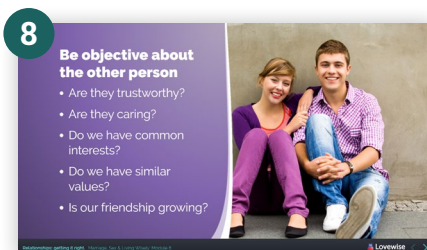
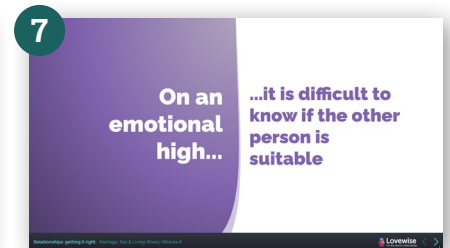
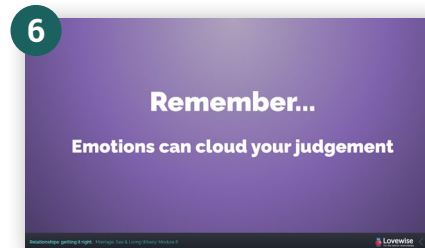
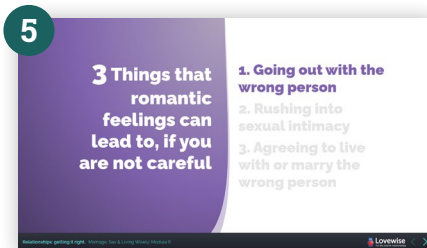
## Girls title page



## Romantic love



## Going out with the wrong person





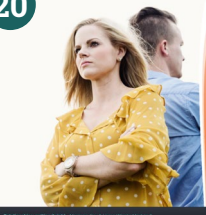


# Overview (continued)

## Sexual intimacy and emotional pain

**19** Even if sex outside marriage feels good at the time, it often causes pain later - especially if the relationship breaks up


Why is this?



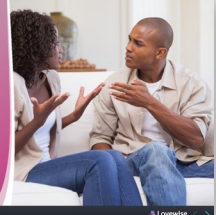
**20** The sexual bond is not designed to be broken... when it is, we hurt ourselves and others



**21B** Sometimes there are associated painful emotions such as regret, guilt and anger



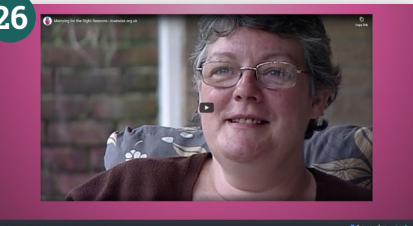
**21G** I loved him... I let him... I lost him




## Marrying for the right reasons

**22** 3 Things that romantic feelings can lead to, if you are not careful


1. Going out with the wrong person
2. Rushing into sexual intimacy
3. Agreeing to live with or marry the wrong person



**23** On an emotional high and having been sexually intimate... ..it is easy to rush into an unsuitable relationship of living together or marriage




**24** Living together or 'cohabitation': Does it last?



**25** Video: Marrying for the right reasons



**26** Why is marriage the best choice? Romantic emotions need to be underpinned by promises or vows




**29** Marriage supports love




## Marriage supports love


**27** Marriage and keeping sex for marriage is the best choice



**28** Why is marriage the best choice? Romantic emotions need to be underpinned by promises or vows



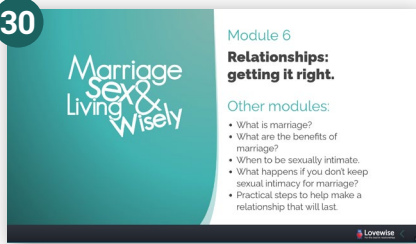
**29** Marriage supports love



# Overview (continued)

## Other modules

30



Marriage  
Sex &  
Living  
Wisely

Module 6  
**Relationships:  
getting it right.**

Other modules:

- What is marriage?
- What are the benefits of marriage?
- When to be sexually intimate.
- What happens if you don't keep sexual intimacy for marriage?
- Practical steps to help make a relationship that will last.

Lovewise

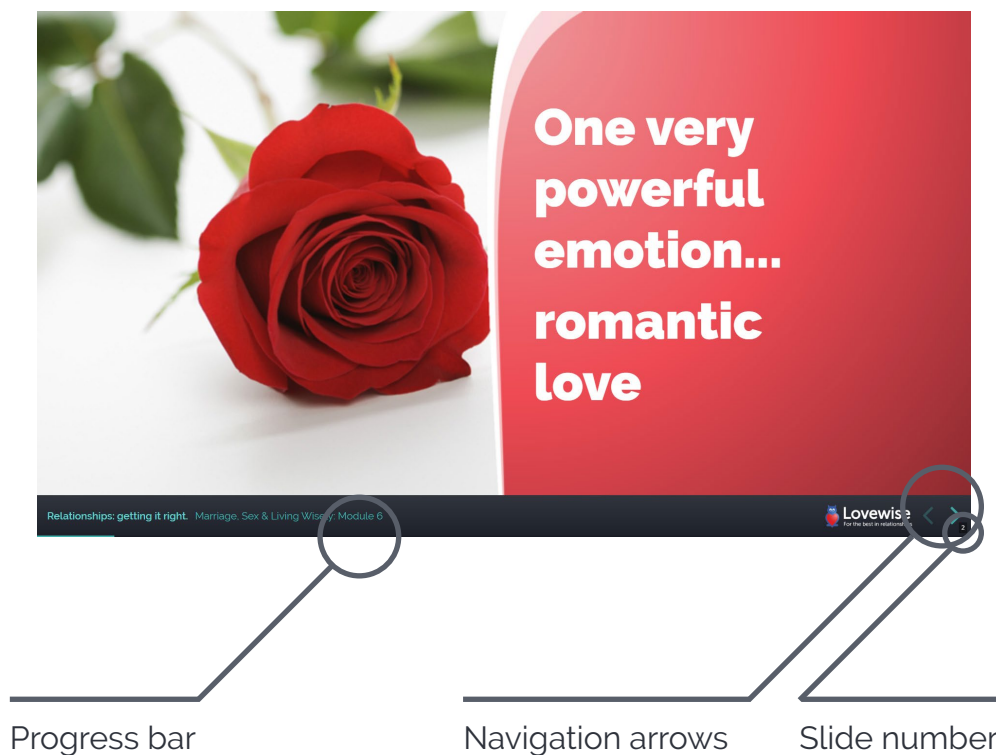
# Using this presentation

## Navigating

**NEXT:** Press “n”, or “space” or “→”, click the navigation arrows on the slide or swipe left (if using a touch device), to advance to the next slide (or display the next slide fragment)

**PREVIOUS:** Press “p”, or “←”, click the navigation arrows on the slide or swipe right (if using a touch device), to return to the previous slide (or return to the previous slide fragment)

## Presentation Screen



**BLANKING:** Press “b”, or “.” to blank the presentation screen. Press again to continue with the presentation.

**OVERVIEW:** Press “esc”, “o” or pinch-zoom to display an overview of the presentation. This view can be navigated as normal. Press “enter/return” to select the slide displayed in the centre of the overview or click or tap on a specific slide to resume at that slide.

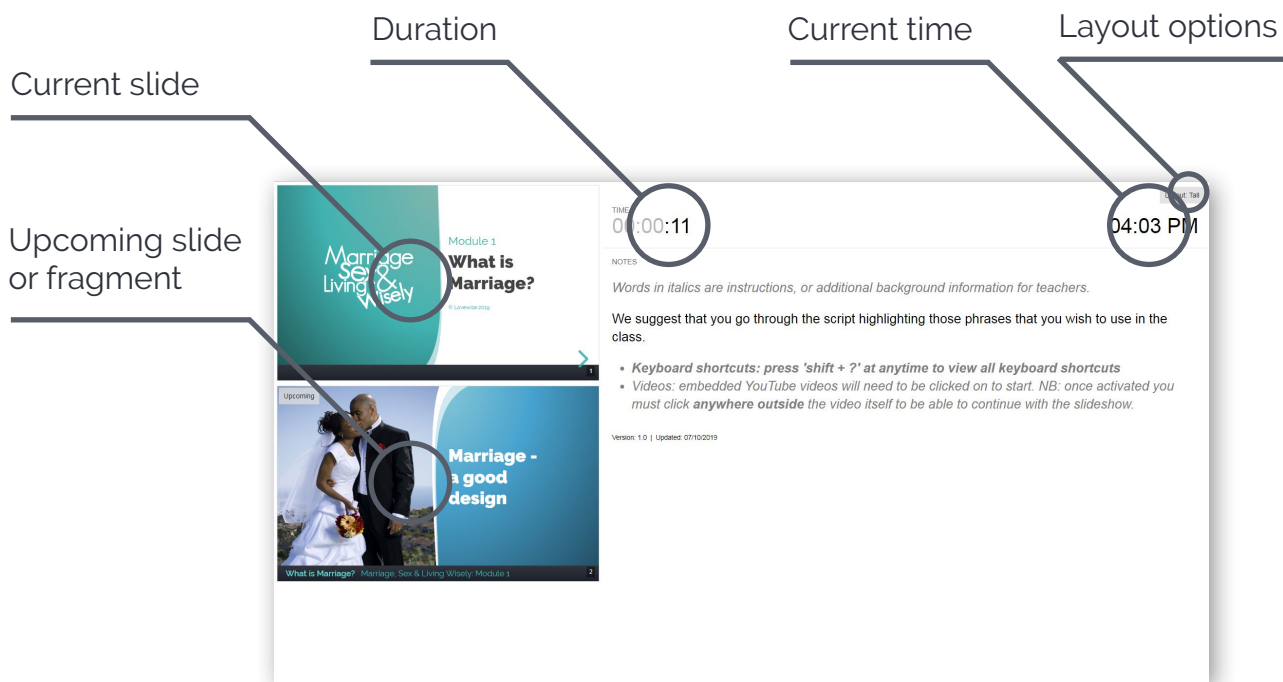
**NON-LINEAR (OPTIONAL) SLIDES:** Some parts of the presentation may feature optional slides. These sub-sections can be displayed by pressing “j”, “↓” or swipe up to navigate down the stack, or by pressing “k”, “↑” or swipe down to navigate up the stack.

These optional slides are shown on the overview screen or prompted by the Navigation Arrows displaying down and up arrows where relevant.

**FRAGMENTS:** Some slides have sections that are displayed in sequence on each subsequent ‘click’ or advance.

# Using the speaker view

## 'Speaker View' / Notes Screen



**LAUNCH SPEAKER VIEW:** Press "s" to launch the speaker view window. Move this (or the presentation screen) to the appropriate display - if using a projector or dual screen. On a mobile / touch device, buttons for launching the "speaker view" and "full screen mode" will be displayed to the bottom of the first slide only.

**CHANGING THE LAYOUT:** Click or tap on the grey "Layout" tab (top-right of the speaker view window). Select from the alternative layouts displayed: Tall / Wide / Large / Notes only / Mobile. NB: 'Mobile' layout has been optimised for devices held in portrait orientation.

**MOBILE CONTROL:** When using the speaker view on a mobile device to control the presentation - use swipe gestures on the "current slide" window ONLY.

**RESETTING THE COUNTER:** Click or tap anywhere on the timer or clock (above the speaker notes) to reset the Duration counter.

**EMBEDDED VIDEOS:** Some slides may contain video content that will NOT start automatically. Videos will need to be clicked on to start. NB: Once activated you must click anywhere outside the video itself to be able to continue to navigate the slideshow.

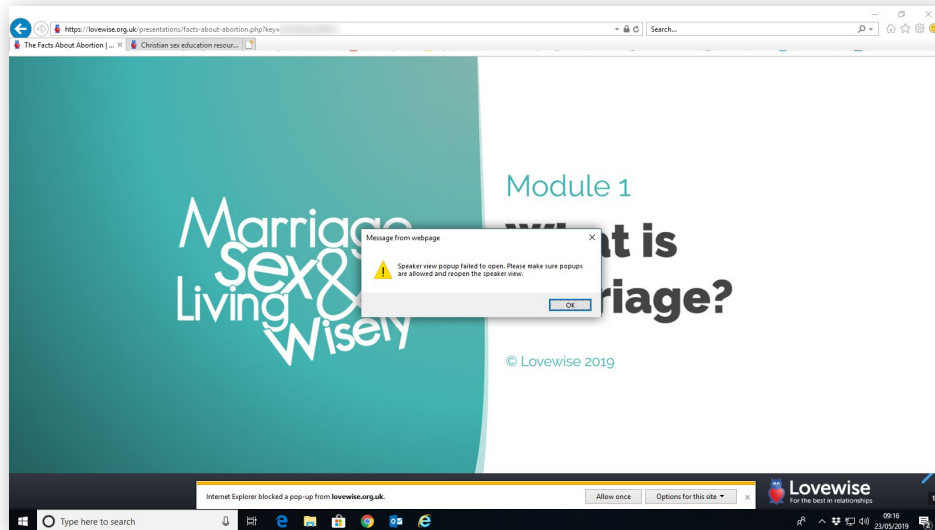
**SLIDE SCRIPT CONVENTIONS:** Directions or considerations for the speaker are shown in grey. Main speaker script is shown in black. Hyper-linked citations etc will launch in a separate browser window for further reading / research.

**REQUIREMENTS :** An internet connection and any standard browser are needed to view the presentation. If you are intending to give this presentation where there is no internet connection - please contact the Lovewise office for a downloadable, offline version. Alternatively, you can save the presentation webpage for offline use via your browser.



# Using the speaker view (continued)

## Troubleshooting



**UNABLE TO LAUNCH SPEAKER VIEW:** Since the speaker view launches in a “pop-up” window, it may be blocked depending upon your browser settings or ad-blocking software (if installed). You may be greeted with the following message:

“Speaker view pop-up failed to open. Please make sure pop-ups are allowed and reopen the speaker view”

**EDGE / Internet Explorer:** Options to allow the pop-up once (for that particular browser session) should be displayed. Alternatively, a drop-down menu with “options for this site” will be shown where you can elect to allow pop-ups in future for Lovewise.org.uk by adding it as an exception.

Alternatively, select: SETTINGS > INTERNET OPTIONS > PRIVACY > POP-UP BLOCKER SETTINGS > enter “https://lovewisegroup.org.uk/” in the “Address of website to allow” input field > CLICK “ADD”. Then relaunch the speaker view.

**FIREFOX:** Options to allow pop-ups should be available under the “OPTIONS” tab (top-right) > CLICK “Allow pop-ups for lovewisegroup.org.uk”.

Alternatively, select: MENU > CONTENT BLOCKING > MANAGE EXCEPTIONS > add “https://lovewisegroup.org.uk/” > CLICK “Save Changes”. Then relaunch the speaker view.

**CHROME / SAFARI:** Typically, these browsers will not block the speaker view. If issues arise, look to add “https://lovewisegroup.org.uk” as an exception to the “pop-up blocker”, normally somewhere within the browsers “privacy” settings.

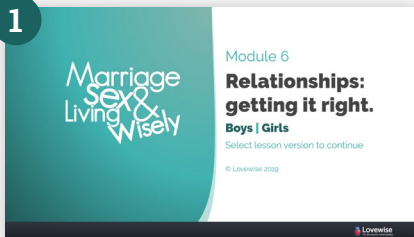
# Slide notes

This module is designed as a stand-alone presentation to be used with older students. It could be used as a one-off lesson for a 'dropdown' session or 'relationships day', or as a summary of the previous modules. It is offered as either a Girls' or Boys' version. The version is selected at the outset from the title slide.

Each sub-section is marked on the left with a continuous coloured line. Fragments of each slide are marked with a secondary line. Boys and girls specific slides are marked with different colour lines.

## Introduction

1



**Slide content is shown in the notes for reference with the prefix "SLIDE: slide content example"**

*Words in italics are instructions, or additional background information for teachers.*

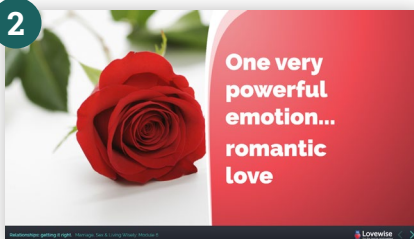
*We suggest that you go through the script highlighting those phrases that you wish to use in the class.*

**NB:** *This presentation has been produced with specific slides for boys or girls - please select a lesson version from the title page before the presentation will continue.*

- *Keyboard shortcuts: press 'shift + ?' at any time to view all keyboard shortcuts*
- *Videos: embedded YouTube videos will need to be clicked on to start. NB: once activated you must click anywhere outside the video itself to be able to continue with the slideshow.*

## Romantic love

2



**SLIDE: One very powerful emotion... romantic love**

Romantic love is often experienced during and after puberty.

It may be that some pupils in the class have not yet experienced this kind of emotion - don't worry, there is no rush!

But it is hard to escape the existence of such an emotion! There is a constant reminder of it through films, TV and social media. Celebrities talk about it. You might begin to think that romantic love is all that life is about!

## Romantic love (continued)

3

Romantic love can produce strong and enjoyable feelings



**SLIDE: Romantic love can produce strong and enjoyable feelings**

*Read the words on the slide.*

4B

But romantic feelings can also cause a lot of pain



**SLIDE: But romantic feelings can also cause a lot of pain**

You may be able to think of someone you know who has been damaged by strong emotions in a relationship or perhaps think of a celebrity from the media.

*(Remember that some pupils will also have been hurt by the breakdown of their parents' relationship, so treat this matter with sensitivity.)*

4G

But romantic feelings can also cause a lot of pain



## Going out with the wrong person

5

3 Things that romantic feelings can lead to, if you are not careful

1. Going out with the wrong person
2. Rushing into sexual intimacy
3. Agreeing to live with or marry the wrong person

**SLIDE: 3 Things that romantic feelings can lead to, if you are not careful**

*A click reveals the first of three points.*

### 1. Going out with the wrong person

We are now going to think about three possibilities, each of which might cause pain.

6

Remember...

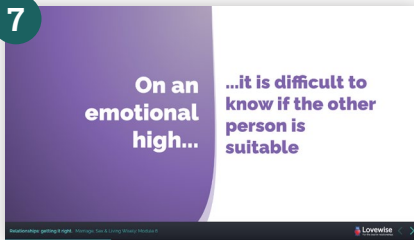
Emotions can cloud your judgement

**SLIDE: Remember...  
Emotions can cloud your judgement**

*A second click will reveal the statement, and the next few slides will expand on this.*

## Going out with the wrong person (continued)

7



### SLIDE: On an emotional high... ...it is difficult to know if the other person is suitable

Often you feel something about someone but it is not based on reality. You might think that you want to spend time with this person, but would you *really* enjoy spending time with them if you did? Do you have anything in common that would really make time together enjoyable and good? Strong feelings can suddenly disappear, especially when you are young.

One important question you need to ask yourself is, "Am I consistently drawn to this person over a number of months or years?"

You may feel strongly for somebody, but it does not mean that it is right to get to know them more. For example, you may find yourself romantically attracted to someone who is already married. It is never going to be right to pursue such a relationship.

8



### SLIDE: Be objective about the other person

- Are they trustworthy?
- Are they caring?
- Do we have common interests?
- Do we have similar values?
- Is our friendship growing?

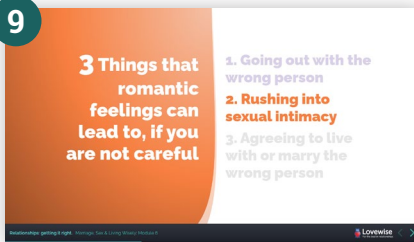
It is helpful to tick off some essential qualities when you are considering starting a relationship with someone. If this is done honestly and accurately (and it may take some time to assess these things), then you can avoid being thrown into an unsuitable relationship by your emotions, which are very subjective and variable.

Consider whether your attraction to somebody leads you to want the best for them.

Is your strong desire all about you and your own needs or wants? If so, then your motivation is selfish, and the relationship is unlikely to be good for the other person or to work out in the future.

# Sexual intimacy

9

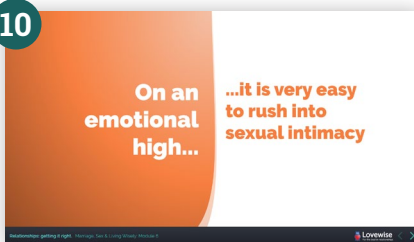


**SLIDE: 3 Things that romantic feelings can lead to, if you are not careful**  
**2. Rushing into sexual intimacy**

*A click reveals the second of three points.*

We are now going to think about how sexual intimacy outside marriage might cause pain.

10

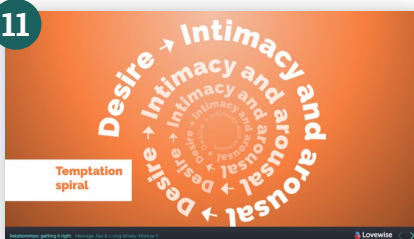


**SLIDE: On an emotional high... ..it is very easy to rush into sexual intimacy**

Just because you feel 'in love' with someone does not mean that it is right to become physically intimate with that person.

Romance is actually felt more strongly if you show self-control. When self-control is lacking and sexual intimacy is experienced before marriage, the romantic emotion can quickly be destroyed. The reason for this is that indulging physically in this way is not actually loving at all, because it is not the best for either of you. So a person's romantic love in these circumstances is contradicted by their actions and the feelings soon evaporate.

11



**SLIDE: Temptation spiral**

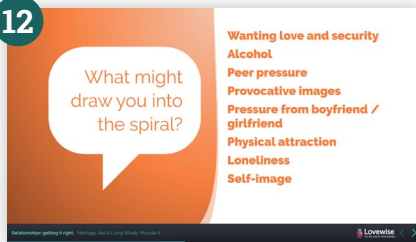
You also need to be careful that one thing does not lead to something else that you never intended. This is represented by the 'temptation spiral'.

Once sexually aroused, your desire is for more intimacy leading to further arousal and so on. It is very easy to start out in an evening thinking you are only 'going so far' but ending up having full sexual intercourse without really intending to do so (especially if you have been drinking alcohol). Many who experience sexual intimacy for the first time admit it was 'by mistake' and severely regret having done so.



## Sexual intimacy (continued)

12



### SLIDE: What might draw you into the spiral?

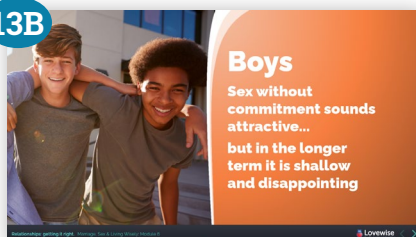
Give the class time to discuss or write down some answers. When you are ready eight further clicks will bring up the following answers one by one:

- wanting love and security
- alcohol
- peer pressure
- provocative images
- pressure from girlfriend
- physical attraction
- loneliness
- self-image

Members of the class may think of others.

## Sexual intimacy (boys only)

13B



The discussion may have indicated that the way girls and boys are drawn into this spiral is often different.

### SLIDE: Boys - Sex without commitment sounds attractive... but in the longer term it is shallow and disappointing.

14B



A young man talks about the potential consequences of sex outside marriage.

This video is also used in Module 3: When to be sexually intimate?

15B



Video duration: 3:07

### Transcript for reference:

My name is Ike, I was born in Nigeria, I came to England when I was seven years old, I was raised in Manchester. I'm a virgin – I know it's not the manly thing or cool thing to say but I'm grateful that it's my story and, not that I didn't lack opportunity, I had opportunities to engage, but something within me said 'This isn't quite right – sex is a big deal'.

## Sexual intimacy (boys only) (continued)

The conversation seems to be, 'Sex is OK. If you feel like it, do it. You only live once.' And the pressure on our young people to engage at a young age is so much, it's – I mean, when I was young, I experienced the pressure but now it's to another level altogether.

We talk about the short-term gain, but we don't talk about the long-term pain. And part of my message to young people is that 'Listen, sex is great, however, in the wrong context, sex can open you up to a variety of consequences that you have to consider.' Some of these consequences start with D – in fact all of them start with D. One of them is devalued: some people, after engaging in sex, their sense of self-worth reduces, 'This person I thought you liked me for me, but it turns out that you just like me for my body, not for my personality, not for what I'm doing, not for my desires, you just wanted my body, it was a quick casual... act,' so the person's feeling devalued. Another D is this idea of depression. It's a painful thing when you engage in such an intimate act of sex with somebody, and to you - to them – it's just like eating food and drinking, taking a drink, it's as simple as that. Some people enter sex with the idea of 'Oh, I'm committed to this person,' the other person's thinking, 'Nah, it's just a casual'. So, this essentially can put people down a negative path of depression which is not helpful. Another potential D as well is this detachment, where we have people who are not really engaging in healthy relationships, rather they're quite shallow and toxic relationships as well. Another potential D is this idea of disease. I didn't start with this one because I know it's a common one, but it is a very important one. STDs is a real thing – syphilis, gonorrhoea, it's all real. And I think we also need to consider this as well. Another of the D's that I like to explain to young people is this concept of being deceived, I think as a society, there's a message that is coming out that is not really the true picture. I think we're being pitched something that is not complete. And if we're not careful, our children, the teenagers, the young adults in our society are almost being fed the information that it's all well and good, casual sex is all well and good. But the reality is there's more to consider.

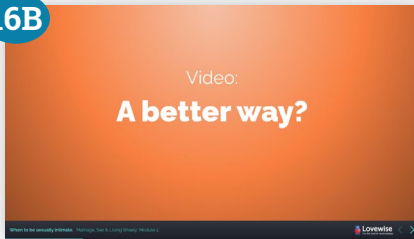
Because somebody engaged in casual sex and didn't come out with an unwanted pregnancy, didn't come out with any diseases, didn't come out with any heartbreak, didn't come out with their family members coming after them, it doesn't mean that you won't. So, you can all go to the same path, but consequences differ. So, I want to also

## Sexual intimacy (boys only) (continued)

warn young people that 'Listen, the people who might have come out and it's like, well, they got away with it, it doesn't mean you will'.

My message to young people is, there's more to think about before you engage in this thing, for sure.

16B



Young men talk about the importance to them of saving sex for marriage.

*This video is also used in Module 3: When to be sexually intimate?*

17B



*Video duration: 1:03*

### **Transcript for reference:**

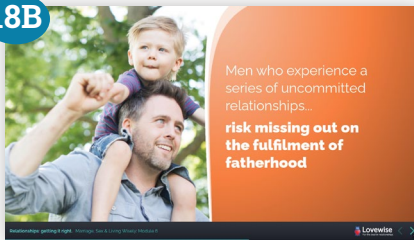
Boy 1: "I can imagine that sex with a person that you love, that has been the only person for you – I just think that would be better sex than anything else. Because there's more to it than the physical side."

Boy 2: "I wouldn't want to be in a relationship with somebody and living with someone unless I was married. I think that's one of the beauties of marriage, you have made that commitment, it's a lifelong commitment. You know that no matter what – you are going to stay married to that person."

Boy 1: "Say you've got a girlfriend and you think 'I'll live with her', but you never know what could go wrong. If you're not fully committed to her – if you're in the mindset that 'I'm with her now, but I could be with someone else in a couple of months', then you're going to end up doing stuff with that person that will ruin it when you do get a lifelong partner, a wife."

## Sexual intimacy (boys only) (continued)

18B



### **SLIDE: Men who experience a series of uncommitted relationships... risk missing out on the fulfilment of fatherhood**

Sex outside marriage is one of the commonest causes of fatherlessness in our society. In 2019 the number of one-parent families was 2.9 million and 86% involve single mothers<sup>1</sup>.

How sad that so many men are living without the joy of being a father and so many children without the benefit of having a father with them.

*1 Source: 'Families and households in the UK: 2019', November 2019, Office for National Statistics (section 5).*

## Sexual intimacy (girls only)

13G



*The discussion may have indicated that the way girls and boys are drawn into this spiral is often different.*

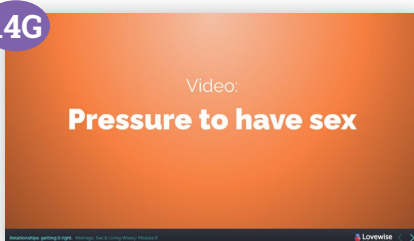
### **SLIDE: Girls - Affected by the idea of love and security, so are tempted to give themselves away sexually**

Girls may think they will hold on to a boyfriend by giving themselves away sexually.

Girls can be attracted to a boy's looks, but they are more often affected by the idea of being loved.

Girls have to be careful not to overestimate a boy's interest and be careful not to throw themselves into a physical relationship hoping it will guarantee long term commitment.

14G



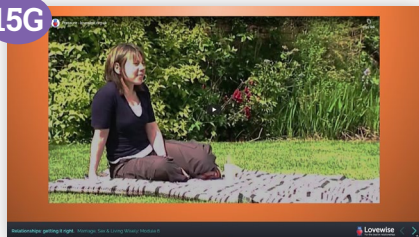
The following video is an example of a girl who felt pressured to have sex with her boyfriend, even though she did not really want to and was below the age of consent. (The age of consent for sexual activity in the UK is 16.)

She tells of how, aged fourteen, she gave in to pressure from an older boyfriend to have sex, hoping that it would secure their relationship; and of the pain which resulted when their relationship ended.

*A worksheet which explores the issue of emotional pain covered in this following video is supplied for download (this may be best used at the end of the presentation): [Emotional Consequences Worksheet](#)*

## Sexual intimacy (girls only) (continued)

15G



*This video is also used in Module 4: What happens if you don't keep sexual intimacy for marriage?*

*Video duration: 2:14*

### **Transcript for reference:**

"I was fourteen when I started going out with my first serious boyfriend. He was older than me and he went to a different school. And just seemed more mature. He was quite charming - he was nice to me.

After two weeks of going out with him it became obvious that he wanted us to start having sex, and although there was just something that told me that I didn't want to do it - but I didn't have any kind of opinion really clearly formed. My parents hadn't really told me anything about sex - or when to have it or why to have it. I wasn't a Christian at the time, so I didn't have any kind of faith that helped me make those kinds of decisions.

And so, although I didn't really want to do it, I allowed myself to do it. Just because he obviously wanted to, and I thought that would secure our relationship - that that would make him happy, so I did.

I don't think that having sex with him did make him love me more at all. Our relationship lasted two months and it just fizzled out in the end really. So, there wasn't any kind of commitment or love behind that physical relationship at all really.

I think the pain of us breaking up was worse because we had that physical relationship - and had had sex. I think if you imagine two bits of paper that are glued together and then try to tear them apart, that's not a smooth tear; bits of paper stick to either side. And so, it's hard to explain but I think with that physical relationship breaking it does hurt inside more deeply."



## Sexual intimacy and emotional pain

19

Even if sex outside marriage feels good at the time, it often causes pain later - especially if the relationship breaks up

Why is this?

**SLIDE: Even if sex outside marriage feels good at the time, it often causes pain later - especially if the relationship breaks up**  
**Why is this?**

*Ask the class the question on the slide.*

It may be important to acknowledge to the pupils that, though it is wrong and unwise to experience sexual activity outside marriage, it may feel good at the time. However, the feelings often do not last and the enjoyment can quickly turn to pain. Why is this?

*The next slide gives some answers.*

20

The sexual bond is not designed to be broken... when it is, we hurt ourselves and others

**SLIDE: The sexual bond is not designed to be broken... when it is, we hurt ourselves and others**

The sexual bond is designed by God not to be broken. Rather it is meant to be permanent. When it is broken, there is often (perhaps always) emotional pain.

We now know how this bonding is mediated through two hormones in the brain called oxytocin and vasopressin. Even one-off sexual encounters release oxytocin, so a bond is formed with the person you have sex with.

21B

Sometimes there are associated painful emotions such as regret, guilt and anger

**SLIDE: Sometimes there are associated painful emotions such as regret, guilt and anger.**

*Read out the words on the slide.*

21G

I loved him...  
I let him...  
I lost him

**SLIDE: I loved him... I let him... I lost him**

Sometimes it is the pain of having lost something – having lost her virginity, having given herself away in the wrong way and to the wrong person.

She may have been unwise in assuming security and commitment would follow from intimacy.

Sometimes it is the pain of associated emotions such as regret, guilt and anger.

## Marrying for the right reasons

22

**3 Things that romantic feelings can lead to, if you are not careful**

1. Going out with the wrong person
2. Rushing into sexual intimacy
3. Agreeing to live with or marry the wrong person

**SLIDE: 3 Things that romantic feelings can lead to, if you are not careful**

**3. Agreeing to live with or marry the wrong person**

*A click reveals the last of three points.*

We are now going to think about how agreeing to live with or marrying the wrong person, causes pain.

23

**On an emotional high and having been sexually intimate...**

**...it is easy to rush into an unsuitable relationship of living together or marriage**

**SLIDE: On an emotional high and having been sexually intimate... ...it is easy to rush into an unsuitable relationship of living together or marriage**

*Read out the words on the slide.*

24

**Living together or 'cohabitation': Does it last?**



**SLIDE: Living together or 'cohabitation': Does it last?**

Some couples live together to 'try out' a relationship, sometimes with the intention of marrying in the future. But statistics show that, without a legal commitment to each other, many such relationships break down.

A study showed that "as an overall trend, parents who are married are more than twice as likely as parents in any other family structure type, to stay together"<sup>1</sup>. Another study demonstrated that "among adults aged 16 to 59, 36% of first cohabitations lasted for less than two years... ...with 46% of second cohabitations" lasting less than two years<sup>2</sup>.

1. 'Family Structure Still Matters', August 2020, [www.centreforsocialjustice.org.uk](http://www.centreforsocialjustice.org.uk) (page 12)
2. 'Marriage and cohabitation (General Lifestyle Survey Overview - a report on the 2011 General Lifestyle Survey)', March 2013, [ons.gov.uk](http://ons.gov.uk) (section 5)

A worksheet which explores saving sex for marriage further (part 2) is supplied for download: [Saving Sex for Marriage Worksheet](#)

## Marrying for the right reasons (continued)

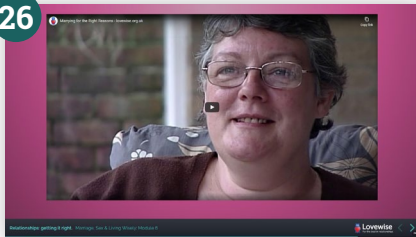
25



A lady gives her account after having experienced two failed marriages. She believes that being sexually active before marriage clouded her judgement and led her to marry the wrong man.

She advises young people to think carefully before choosing a marriage partner; and to save sexual intimacy until marriage, where it will be an expression of the love and commitment between husband and wife (not merely a physical act).

26



*Video duration: 3:19*

### **Transcript for reference:**

"I've been married twice. The first time I was married for fourteen years and the second time, unfortunately, for just about sixteen months.

My first marriage ended because my husband was an alcoholic, and my second marriage ended because my husband gambled. I had sex before marriage - not just with my husband but with other relationships before that. Always ended rather quickly, and it was just all about sex and nothing else. No wonderful intimacy or anything like that.

Some guys - even nothing in common with them other than 'having a good time'. And sex seemed a part of 'having a good time'. Sometimes the only thing you have in common with a sexual partner is the sex. If you look beyond that - you probably find you haven't got anything in common.

Sex led me into marrying the wrong guy. Being sexually intimate with someone else confuses your true feelings for someone - it definitely does. You imagine yourself to be in love when, really, it's just lust. You don't really love that person. If you weren't so intimately involved with that person you would look at them entirely differently.

I did think that I knew my husband very well because we were intimately involved with one another. When you meet someone for the first time it's always really nice. They're out to impress you - you're out to impress them and everything's wonderful. You don't see any bad sides to anyone at the beginning of a relationship. So, we jumped in 'feet first'. We married very quickly and had many years to regret those early actions.

Despite the fact that I have had two failed marriages - I still am

## Marrying for the right reasons (continued)

very positive about marriage. I think marriage is a very good thing with the right person. It's what your children need - to have two parents living together, married, in the same home. It's just as it was meant to be and as it should be.

I would advise young people nowadays to just wait. Don't be in such a rush to experience sex. It's not what you (read) in a book or what you see on these 'love' movies and things. It's wonderful thing with the right person, within marriage because that makes it right. But don't kid yourself into thinking it's ok - because it's not. You're just going to ruin your life."

## Marriage supports love

27

**Marriage and keeping sex for marriage is the best choice**



**SLIDE: Marriage and keeping sex for marriage is the best choice.**

*Discuss this statement.*

During the time of 'going out' and engagement, a couple get to know each other and each other's values. They can build their relationship and learn to trust each other without being constantly distracted by becoming sexually intimate.

28

Why is marriage the best choice?

**Romantic emotions need to be underpinned by promises or vows**

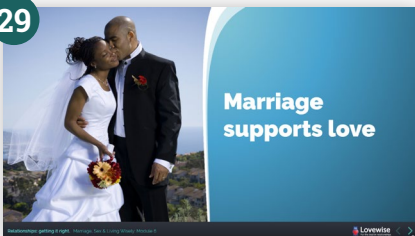


**SLIDE: Why is marriage the best choice? Romantic emotions need to be underpinned by promises or vows**

Marriage is based on promises made in public. When a couple marry, they are committing themselves to love each other unconditionally for the whole of their lives, regardless of their circumstances. This commitment protects the specialness of sexual intimacy which helps their attachment to each other grow and develop. Commitment brings security for the husband and wife, as well as their children and ultimately for society as a whole.

29

**Marriage supports love**



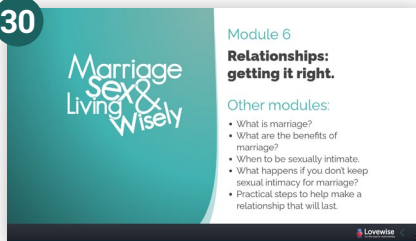
**SLIDE: Marriage supports love**

Our love is far from perfect and sometimes does not feel as strong as at other times – through those tough times in a marriage, their commitment to marriage supports the couple's love for each other. This shows that marriage is a lot more than just a piece of paper. It is the best basis for a stable relationship<sup>1</sup>.

1. 'Family Structure Still Matters', August 2020, [www.centre-forsocialjustice.org.uk](http://www.centre-forsocialjustice.org.uk) (page 18)

## Other modules

30



*Other Modules available in the same series:*

- What is marriage?
- What are the benefits of marriage?
- When to be sexually intimate.
- What happens if you don't keep sexual intimacy for marriage?
- Practical steps to help make a relationship that will last.